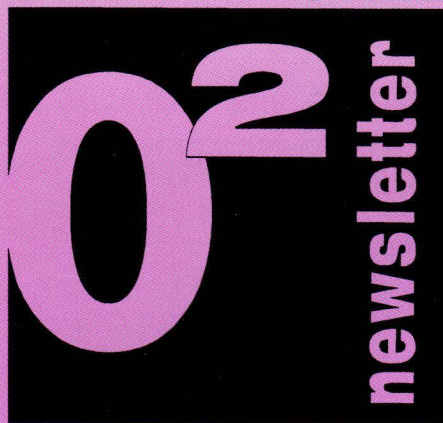


FREE



OUT&Out

A recreation, outdoor & social group
for Edmonton's LesBiGay community.

WIN

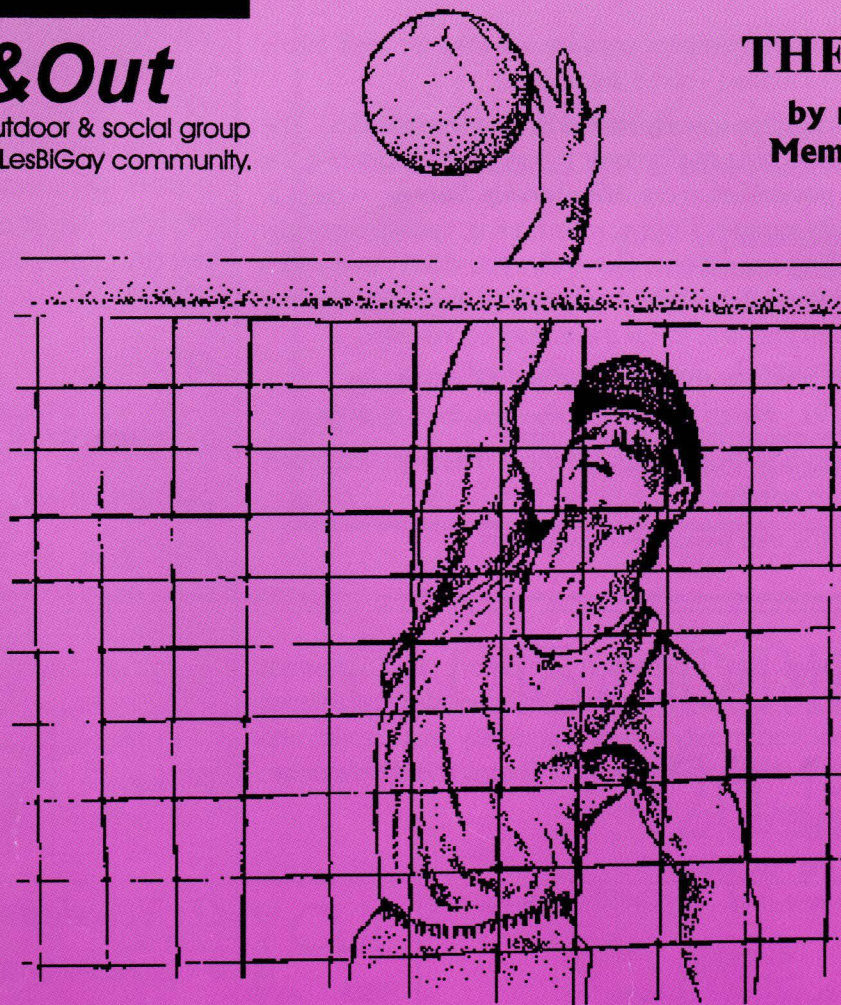
Dinner for 2

at



THE KING & I

**by mailing in our
Membership Survey**



November / December, 1997

Crazy Bingo Fundraiser

Pottery Painting

Cross Country Skiing

Book Club

Curling and more!

OUT&Out Information

O²'s Purpose

To provide a variety of opportunities for individuals to enjoy recreational, social and outdoor activities together in the hope of building a stronger LesBiGay Community. O² exists to bring people with similar interests together and to offer quality social alternatives. ***Have fun and meet new people . . . get involved!***

How O² Works

- ◆ O² is a member-run group in which members organize activities for their fellow members to enjoy. All activities are self funded - some are free.
- ◆ The types of activities members organize are only limited by their imaginations. The variety of activities is amazing! Scan the *Table of Contents* to see what's happening this issue and take a look the huge list of possibilities in our **Membership Survey** on page 5. Spring and summer O² activities usually include camping, rollerblading, cycling, canoeing, picnics, beach volleyball, golf, gardening and so on. Generally, you don't need much experience to participate in most activities - if you have any questions about the required skill level, equipment needed, etc., don't hesitate to call the activity coordinator.
- ◆ You MUST be a current paid O² member to take part in any O² activity. Membership is \$5.00 per year (April '97 - March '98). A Membership form is on page 5.
- ◆ Activity planning meetings are held 6 times per year. At these meetings, volunteers brainstorm, discuss and organize future activities.
- ◆ All O² activities are publicized in the free bimonthly Newsletters.

O² Newsletters

O² Newsletters are available for Free at many locations in Edmonton. 650 copies are released near the first of the month, every two months. Newsletters contain the detailed information about O² activities, other community events and usually short stories and highlights of recent O² activities. We always welcome your photos and short stories.

◆ Activity / Story Submission Deadlines:

2 weeks prior to the release date of the next Newsletter.

Contact Ron Griffith at 428-3375 or by e-mail: RonGriffith@hotmail.com

O² Executive

President:	Ron Griffith
Vice President:	vacant
Treasurer / Membership Coordinator:	Kent Racher
Public Relations / Promotions:	Ron Griffith
Secretary:	Bill Addison

Newsletter Committee:

Publisher / Editor:	Ron Griffith
Assistant Editor:	Mark Holcroft
Activity Information Collector:	Ron Griffith
Data entry / Technical input:	Michael, Mark Holcroft, Ron Griffith
Advertising Salesperson:	Shawna (Phone 441-1773)
Distributors:	Jayne, Marty
Story / Photo Editor:	vacant
Community Group Liaison:	vacant
Data entry persons:	vacant

Contact O²



988-3132 (24 hour Hotline)

Describes how **OUT&Out** works, lists Newsletter distributors and allows you to leave a message with your feedback and suggestions concerning **OUT&Out**, any

O² activity and our Newsletter.

For the detailed information about current O² activities, please pick up the latest Newsletter. You can also directly phone the O² President at 428-3375.



E-mail address:

RonGriffith@hotmail.com



Mail your membership fee (\$5 cheque or money order payable to "Out&Out") AND the Membership Form on page 5 to Kent Racher, 13530 - Stony Plain Road, Edmonton, Alberta T5N 3P6.

All other written correspondence may also be mailed to this address.

O² Newsletter Distributors

- ◆ Gay & Lesbian Community Centre
#103, 10612 - 124 St. 488-3234
- ◆ Orlando Books
10640 Whyte Ave. 432-7633
- ◆ AIDS Network of Edmonton
#201, 11456-Jasper Ave. 488-5742
- ◆ Jazzberrys Too Cafe
10116 - 124 St. 488-1553
- ◆ Buddy's Pub
10116 - 124 St. 488-6636
- ◆ ShakeSpear's Darts & Rumpus Room
10805 - 105 Ave. 420-1679
- ◆ The Front Page
10846 - Jasper Ave. 426-1206

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Volleyball	9
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432-7633

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**FIRST
SATURDAY
OF EVERY
MONTH**

**CHECK OUT OUR
NEW DIGS!**

**NOVEMBER 1ST
DECEMBER 6TH**

**NO
COVER**

GREY CUP

NOVEMBER



**13TH
14TH
15TH
16TH**

**PARTY ALL
WEEKEND**

**THE BEST OF
EDMONTON'S LIVE
MUSIC ENTERTAINMENT**

**EVERY TUESDAY 8:30PM TO 11:00PM
OPEN STAGE AT 11:00PM**

**KID'S
CHRISTMAS
PARTY**



**SUNDAY DECEMBER 21ST
3:00PM TIL 7:00PM**

**COUNT
DOWN**

NEW YEAR PARTY

**TICKETS
GOING
ON SALE
SOON!**



**DOORS
OPEN
AT
8:00PM**

WE'VE MOVED

10805 105 AVE

♂ Member Activities

(See Page 5 for Membership information)

Curling

Curling Clinic

Saturday, November 29
12:00 to 6:00 pm

Enjoy "throwing rocks"? Can you fall gracefully? Always "cleaning the house"?

Answering "Yes" to any one of the above makes you eligible for a beginners "learn to curl" clinic. If you already know your curling basics, this clinic would be a great way to refresh your skills and knowledge. A professional instructor from the Northern Alberta Curling Association will take us through the rules, mechanics and basic strategies of the game.

Depending on interest we may offer a more advanced clinic at the same time or at a later date. Also, if you are interested in curling on a regular basis, please contact Dean, put your name on the waiting list and we'll try to set something up for early in 1998.

★REGISTER by NOVEMBER 24

Minimum / Maximum: 7 / 20 people

COST: ♂ members: \$30 - bring your own equipment & clean shoes.

Non-members: Please first join ♂

CONTACT: Lance 479-5308 or
Dean 433-8038

RATING: O - OOO

♂ Activity Rating Scale:

- O ~ Easy, Beginner
- OO ~ Intermediate
- OOO ~ Challenging
- OOOO ~ Advanced, Expert

Pottery

Ceramics Painting Party

Monday, December 8
7:00 to 10:00 pm
Ceramikos: 10122 - 124 Str.

Create personalized Christmas gifts at a private ceramics painting party. Choose from hundreds of ready to paint items including plates, bowls, mugs and Christmas ornaments. Fifty different colours are available to decorate the item(s) of your choice. You decorate the piece and the studio glazes it and fires it. The finished products are ready for pick-up in about a week, and are dishwasher, microwave and oven safe. We'll have the whole studio to ourselves so feel free to bring your own wine and/or treats to enjoy.

★REGISTER by DECEMBER 1

Maximum: 12 people

COST: ♂ members: a base fee of \$15 includes:

- 3 hours of studio time (reg. \$30).
- Unlimited use of 50 different colours of glaze.
- Use of stencils, printing pads, etc., for the artistically challenged.
- Final glazing & firing of the items.

The base price of \$15 does NOT include the cost of the item you select to paint. The average TOTAL cost per painter is about \$30 depending on the item(s) you select.

Non-members: Please first join ♂

CONTACT: Brian 488-5613

Running

Arctic FrontRunners

Not running during the winter.

Our group will start again in early spring. If you are an interested runner / jogger, plan to attend an Organizational Meeting early in 1998.

COST: Free for ♂ members.

Non-members: Please first join ♂

CONTACT: Bill 436-7892

RATING: O - OOO

Next

♂ Activity Planning Meeting: (for January and February)

Wed., Dec. 10, 7:30-8:30 pm
Gay & Lesbian Community Ctr.
More info: Ron, 428-3375

PERM (Includes Cut & Style)

- Long hair extra
- One coupon per person
- Expires Dec 31/97
- New clients only
- Cannot be combined with another offer

\$33.95

With This AD
REG. \$71

COLOR (Includes Cut & Style)

- One coupon per person
- Expires Dec 31/97
- New clients only
- Cannot be combined with another offer

\$29.95

With This AD
REG. \$65

ANY HAIR SERVICE

- One coupon per person
- Expires Dec 31/97
- Cannot be combined with another offer

\$5 OFF

With this AD

Discounts for Seniors & Students with valid I.D.

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HAIR STUDIO

Over 17 Years Experience

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HELP !!

♂ raise some money
by coming to

Crazy **Bingo**

at 109 Discotheque
Thurs, Nov. 27

See page 10 for details



WIN

Dinner for 2 at
THE KING & I
(\$50 value)



by mailing in this

♂ Membership Survey

◆ Check the appropriate box(es) for those activities that interest you:

Learn = I have no experience, but would like to learn / attend activities for beginners.

Interest = I am interested in participating in this activity.

Lead = I may be willing to help organize, instruct or lead this activity (all ♂ activities are organized by ♂ members).

	Learn	Interest	Lead		Learn	Interest	Lead		Learn	Interest	Lead
	↓	↓	↓		↓	↓	↓		↓	↓	↓
Theatre outings	☐	☐	☐	Waterpark outings	☐	☐	☐	Skiing: downhill	☐	☐	☐
Group movie nights	☐	☐	☐	Scuba course	☐	☐	☐	Skiing: cross country	☐	☐	☐
Musical outings	☐	☐	☐	Scuba refresher course	☐	☐	☐	Snowshoeing	☐	☐	☐
Art gallery outings	☐	☐	☐	Hiking: local	☐	☐	☐	Curling	☐	☐	☐
Cooking classes	☐	☐	☐	Hiking: mountains	☐	☐	☐	Tobogganing	☐	☐	☐
Potluck dinners	☐	☐	☐	Backpacking (overnight)	☐	☐	☐	Sleigh / hay rides	☐	☐	☐
Coffee nights	☐	☐	☐	Camping	☐	☐	☐	Horseback riding	☐	☐	☐
Summer picnics / BBQs	☐	☐	☐	Cabin weekends	☐	☐	☐	Tennis	☐	☐	☐
Murder mystery dinner	☐	☐	☐	Rock climbing: indoor	☐	☐	☐	Squash	☐	☐	☐
Murder mystery weekend	☐	☐	☐	Rock climbing: outdoor	☐	☐	☐	Racketball	☐	☐	☐
Wine tasting courses	☐	☐	☐	Cave exploring	☐	☐	☐	Badminton	☐	☐	☐
Book club	☐	☐	☐	Orienteering	☐	☐	☐	Running / Jogging	☐	☐	☐
Lesbian couples retreat	☐	☐	☐	Paintball games	☐	☐	☐	Hockey	☐	☐	☐
Gay male couples retreat	☐	☐	☐	Bird watching	☐	☐	☐	Broomball	☐	☐	☐
Country dancing	☐	☐	☐	Nature walks	☐	☐	☐	Volleyball: indoor	☐	☐	☐
Jazz dancing	☐	☐	☐	Urban walks	☐	☐	☐	Volleyball: beach	☐	☐	☐
Canoeing	☐	☐	☐	Gardening activities	☐	☐	☐	Baseball / Softball	☐	☐	☐
Kayaking	☐	☐	☐	Rollerblading	☐	☐	☐	Basketball	☐	☐	☐
Sailing	☐	☐	☐	Leisure cycling	☐	☐	☐	Soccer	☐	☐	☐
Windsurfing	☐	☐	☐	Mountain biking	☐	☐	☐	Football	☐	☐	☐
Houseboating	☐	☐	☐	Car rallies / scavenger hunts	☐	☐	☐	Bowling	☐	☐	☐
Whitewater rafting	☐	☐	☐	Sky diving	☐	☐	☐	Other activities you'd like to see offered:			
Swimming for fun	☐	☐	☐	Hot air ballooning	☐	☐	☐				
Masters swim club	☐	☐	☐	Ice skating	☐	☐	☐				

◆ How did you first find out about ♂? ☐ Friend ☐ Saw ♂ Newsletter at _____ ☐ Saw ♂ listed in _____
☐ Other: _____

◆ What has prevented you from taking part in any ♂ activity? _____

◆ Are you a current ♂ member? ☐ Yes ☐ No → to win the Dinner for 2 you must be a current member (membership form is below).

◆ Name: _____ Phone: _____ Can we leave a discreet message? ☐ Yes ☐ No: _____

CONTEST RULES: 1 (one) winner will be randomly drawn from the first 75 entries received. You must be a current ♂ member to win (you can check your membership status by phoning the Membership Coordinator at 454-0313). All survey questions (◆) must be answered to win. 1 (one) entry / survey per person. The ♂ Executive are not eligible to win.

◆ Mail your Entry / Survey to: **OUT&Out**, 13530 - Stony Plain Road, Edmonton, AB T5N 3P6

♂ 1997 / 98 Membership Form

Mail to: **OUT&Out**, 13530 - Stony Plain Road, Edmonton, AB T5N 3P6

Make Cheque or Money Order payable to: "**OUT&Out**"

Choose 1: ☐ **Regular Membership: \$5.00 / year** (Apr'97 - Mar'98) Pick up your Newsletter at 1 of 7 locations.
- nothing will be mailed to you, but we will need at least your name and preferably your phone #.

Date: _____ Name: _____ Phone: _____

☐ **Mail-my-Newsletter Membership: \$10.00 / year** (Apr'97 - Mar'98)

Date: _____ Name: _____ Phone: _____

Mailing Address _____ Postal Code: _____

Arctic FrontRunners do great in River Valley Relay

Sunday, September 21, was one of those rare, flawless, fall days and eight FrontRunners were grateful it coincided with this year's River Valley Relay (RVR). The Relay, now in its 15th year, winds through the river valley from Rundle Park to Hawrelak Park and back, a marathon distance.

This was the first year the Arctic FrontRunners entered a team in this popular race. Most of the team members were veteran FrontRunners, but Mark, Charles and Scott were welcome new faces.

Organizing gay men can be like herding cats, and there were moments when I wanted to stamp my little feet, but there were helpful boys, like Scott and Warren, willing to run a race leg on short notice. Everyone made it to their proper handoff points on time and everyone ran hard - even those known to have partied and Roosted the night before. Kudos to Scott and Mark for taking on the hilly challenge of race legs 2 and 7! Mike, a recent émigré to Vancouver, escaped that black hole of prairie queer folk long enough to carry the baton across the finish line for the team. Our time was 3:14:05, 42 in a field of 115 teams. Not bad!

After the race the runners and some of their partners enjoyed a well earned potluck brunch together. I think we may be even better cooks than we are runners! I enjoyed the camaraderie of the



L to R: FrontRunners Warren, Dirk, Charles, Mark, Mike, Paul, Bill. Missing: Scott

relay running experience and want to do it again next year. Let's aim for a faster time and two teams in the '98 RVR.

Bill Addison, Arctic FrontRunners' Coordinator: 436-7892

Wine Appreciation course a huge success!

Twenty men and twenty bottles of wine. What a combination! During one evening in late September that combination turned into a very interesting, enjoyable and informative σ^2 event: "Wine appreciation 101." The Edmonton Journal's food editor had recommended our instructor, William. He's worked in the wine industry all of his life, mainly in Alberta, but his work has also taken him around the world. His background and warm personality were a perfect match for our evening.

I knew this would be a memorable event when part of William's instructions included his basic requirements of "no cell phones, no smoking, white table clothes required"; yet he recommended we all dress casually. We enjoyed a rose apéritif wine while we met each other and found our seats at the tables covered with white table clothes and 120 wine glasses - six for each participant.

We began the course with a condensed history of wine making and the basics of wine appreciation. William also taught us about proper storage and selection of wine and he introduced us to a comprehensive chart outlining the many aromas found in wine. Next he took us through a sensory lesson. We first compared and contrasted 3 different white wines, then 3 different reds. We learned how to appreciate the colour of wine (that's where the "must have" white table clothes came in), how to appreciate the aroma (get your nose right in there!) and finally how to decipher and describe the tastes. The "swishing" component was quickly mastered by the mostly gay crowd.

This was perhaps the most effective way to appreciate the subtle (and sometimes not so subtle)



20 σ^2 members thoroughly enjoyed a night of wine, cheese and socializing!

differences in the characteristics of wine. So often when friends are over we open a bottle of wine and just drink it. Then open another sometime later and drink again. Sampling different wines at the same time made the comparison between each immediate and much more noticeable.

We spent more than two hours sampling the six wines before the formal part of the evening came to a close. By this time, most of us came to understand that wine appreciation is definitely an art! Most people stayed after the lesson to enjoy the "surplus" wine and some imported cheeses. We mingled and met people who were new to σ^2 and relatively new to Edmonton.

The success of the evening was measured by the many comments of "thanks" and a unanimous resolve to try this again. William recommended selecting a type of grape or perhaps a region if we met again to further our appreciation for wine. If you are interested in another wine appreciation evening please contact me. Cheers!

Mark, Wine Course Organizer: 428-3375



the

is groovin' with six new flavours

xtc
pop

code
red

weena
cycle

james
hill-cycle

alavaro
pop

big daddy
cycle

give us a lick !!

♂ **Member Activities**

(See Page 5 for Membership information)

Skiing

Downhill Skiing Bus Trip

Tentatively planned for early 1998.
When and where to be determined.
If interested, call Darren ASAP.

CONTACT: Darren 489 - 1360
dwmb32@aol.com

Cross Country Skiing

Every Sunday starting November 23
11:00 am to 12:30 pm
Kinsmen Centre: meet on Main steps
Don't let winter get the best of you.
Experience the peace and quiet of
nature while enjoying the camaraderie
of new and old friends. All skill levels,
from beginner (like us) to expert, are
welcome. We plan to ski for about
1 ½ hours and then go for hot
chocolate and a visit.

COST: ♂ members: Free, just
bring your own equipment.

Non-members: Please first join ♂

CONTACT: Mike 988-6402 or at
mreed@planet.eon.net
Rick 497-7585

RATING: O - OOO

Socializing

Gay Book Club

First Meeting: Thursday, Nov. 27
7:30 to 8:30 pm

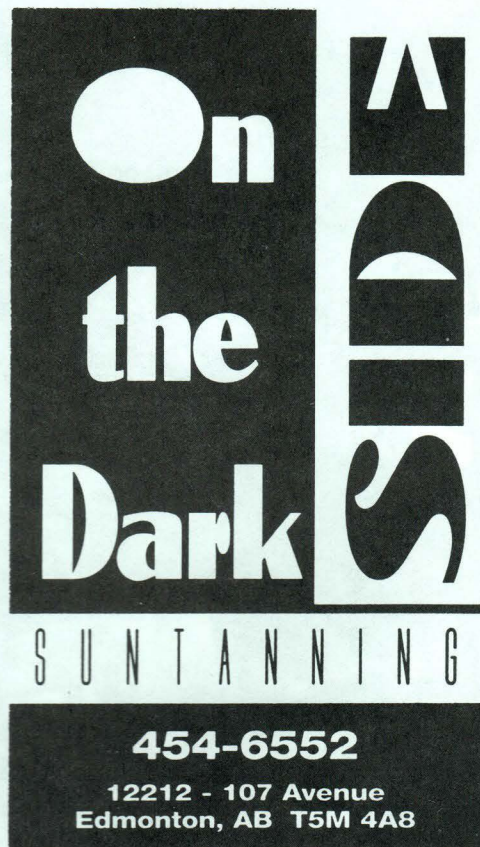
Gay and Lesbian Community Centre,
#103, 10612 - 124 Str.

Ever read a good book and have no
one to share it with? Interested in
joining something similar to Oprah's
Book Club? Then this club might be
of interest to you. The purpose of
this club is to provide those of us who
love to read an opportunity to get
together and discuss a selected
literary work with a gay and / or
lesbian theme. The group will meet
every second month to give all
members a chance to read the
selected work. Meetings could also
include dinner - possibilities include
meeting at a restaurant or having a
potluck dinner at someone's home,
depending on interest. The *first*
meeting will be held at the Gay and
Lesbian Centre on Thursday,
November 27 at 7:30 pm during
which time the first book will be
selected with your input.
continued next column →

COST: ♂ members: The only cost
is the purchase of the selected book.
I will see if I can set up a discount deal
with Orlando Books or another
independent bookstore.

Non-members: Please first join ♂

CONTACT: Terry 434-1854



**On
the
Dark**

SUNTANNING

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Edmonton, AB T5M 4A8

Jazzberrys Too Cafe

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Tuesday: Karaoke

Wednesday: Wing Night

Friday and Saturday: Live Entertainment

A pool table is now available for your enjoyment.
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Join us for our New Year's Eve Gala!

Featuring: "Yvette"

♂ Member Activities

(See Page 5 for Membership information)

Group Movie Night

Tuesdays, Early Show

Make the most of "cheap" movie night by joining our group. Phone to find out what movie, when to meet and where (it varies between the Princess Theatre, Westmount and Eaton Centre theatres.) Join us for coffee afterwards too!

COST: ♂ members: \$5 - \$8

Non-members: Please first join ♂

CONTACT: Kent 454-0313

Volleyball

The Free♦To♦Be
Volleyball Association
has 3 Leagues:

Competitive League

Wednesdays, Nov. 5 to Dec. 17
7:30 to 9:30 pm
(continuing in 1998: day & time TBA)
Grant MacEwan College downtown

continued next column →

Join other players interested in a weekly commitment to instruction lead by a professional Coach regarding offensive, defensive and strategic skill development. Each night includes coaching and game play. There will also be opportunities for tournament play (Tournaments in Calgary and Vancouver, etc.). Previous experience is required. Advanced fun / recreational players are encouraged to join.

COST: ♂ members: \$40

Non-members: Please first join ♂

CONTACT: Andrew 435-9379

RATING: 00 - 0000

2 Important ♂ Happenings:

→ ♂ Fundraiser: *Crazy Bingo*, Thursday, November 27 at 109 Discotheque. See page 10 for details!

→ ♂ Activity Planning Meeting for Jan/Feb activities: Wednesday, Dec. 10, 7:30-8:30 pm at the Gay & Lesbian Centre.

Harold Smith

TRAVEL

EATON CENTRE 429-2233

**WANT TO ESCAPE
SOMEWHERE THIS WINTER ?
TAKE A HOLIDAY WHERE YOU
CAN BE YOURSELF !
WE KNOW WHERE TO GO IN
GAY AND LESBIAN TRAVEL !
MEMBERS OF IGLTA**

WESTEND 483-8778



ALGONQUIN TRAVEL

Fun / Recreational League

Tuesdays, 6:00 - 8:00 pm

November 4 to 25

(continuing in January, 1998)

Grandin School 9844 - 110 St.

(rear entrance by back parking lot)

Novice volleyball players are encouraged to join a positive and fun group of volleyball enthusiasts. The focus is on game play although coaching on basic skills may be provided upon request. Teams are randomly selected each game. Attendance is on a drop-in basis: no regular commitment is needed.

COST: ♂ members: \$10 for the season which lasts until June.

Non-members: Please first join ♂

CONTACT: Rick 497-7585

RATING: 0 - 00

Beach Volleyball League

Summers only (June - August).

For the past 3 summers we have played once a week at the Garneau Courts: 110 St. & 84 Ave.

CONTACT: Ron 428-3375

RATING: 0 - 0000

Community Events

(You do NOT have to be an **o** member to participate in these events)

o Fundraiser:

Crazy **Bingo**

at **109 Discotheque**

10045 - 109 Str.

Thursday, Nov. 27 (Door: \$3.00)

8:00 Pool Tourny

10:30 *Crazy* **Bingo**

Midnite Male Stripper

Crazy **Bingo:**

More info: 413 - 3476

* the "Rocky Horror Show of Bingo!"

* very interactive show - participation encouraged!

* be entertained or be part of the entertainment - anything goes!

* full band playing.

95% LesBiGay crowd

Drink Specials

**All proceeds from "the Door" & Bingo will
go to *OUT&Out*!**

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MSW, RSW**

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Edmonton, AB T5K 0J4

Counsellor

- Individuals
- Partners
- Groups

(403) 493 - 0087

email: sandberg@datanet.ab.ca

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Edmonton, Alberta T6E 1V4

Telephone/Fax: 433-1579
e-mail: dushko@compuserve.com

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Bedrock Seed Bank invites you to come and visit our retail store. We specialize in Native Alberta seeds, organic sprouting seeds, pet and wild bird seeds and supplies, herb seeds, exotic vegetable seeds, dried craft supplies and much more. Come say hello and receive a free package of Alberta Native Seeds and help to restore Alberta's natural heritage.

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(403) 448 - 1722

Edmonton, Alberta

Canada T5H 2M5

bedrock@theoffice.net

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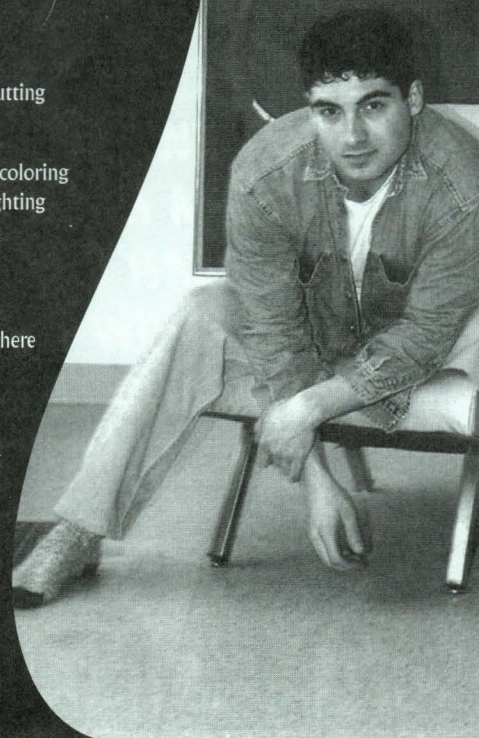
11507 - 87 Street

Edmonton, Alta.

T5B 3M4

448 7473

timothie@
planet.eon.net



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HOSTING BINGO



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STARTING

SUNDAY NOVEMBER 2ND

MARK YOUR CALENDARS NOW!!

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for everyone



413 DISO

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